

State of Wyoming Custom Formulary

This formulary is designed to allow transactions for medications to pass through that have a high degree of relatedness to the typical injuries found in workers' compensation. The Acute Phase is designed to treat emergent conditions (Days 0-89 from Date of Injury), while the Chronic Phase will address medication use for established claims (Day 90+ from Date of Injury).

Medication Class	Description	Typical products	Acute Phase (Days 0-89)	Chronic Phase (Day 90+)
Penicillins	Penicillins are commonly used in prevention or treatment of infection. From the data on timing of penicillin prescription initiation, a majority begins therapy within the first 30 days of therapy.	Penicillin, Amoxicillin	Allowed for a 30 day supply, then PA required	PA required
Cephalosporins	Cephalosporins are commonly used in prevention or treatment of infection. From the data on timing of cephalosporin prescription initiation, a majority begins therapy within the first 30 days of therapy.	Cephalexin, Cefadroxil	Allowed for a 30 day supply, then PA required	PA required
Macrolides	Macrolides are commonly used in prevention or treatment of infection, mainly those respiratory in nature. From the data on timing of macrolide prescription initiation, a majority begins therapy within the first 30 days of therapy.	Clarithromycin, Azithromycin	Allowed for a 30 day supply, then PA required	PA required
Tetracyclines	Tetracyclines are commonly used in prevention or treatment of infection. From the data on timing of tetracycline prescription initiation, a majority begins therapy within the first 30 days of therapy.	Doxycycline, Tetracycline	Allowed for a 30 day supply, then PA required Exceptions (PA required): Acne products and kits (i.e. Nicazeldoxy), and combo eye cleanser kits	PA required
Fluoroquinolones	Fluoroquinolones are commonly used in prevention or treatment of infection. From the data on timing of fluoroquinolone prescription initiation, a majority begins therapy within the first 30 days of therapy.	Ciprofloxacin, Levofloxacin	Allowed for a 30 day supply, then PA required	PA required
Aminoglycosides, Sulfonamides, Antituberculars, Antifungals, Antivirals, Antimalarials, Amebicides, Anthelmintics	These classes are used in prevention or treatment of infection, but may require further evaluation for their appropriate use related to the injury.	Gentamicin, Sulfadiazine, Isoniazid, Fluconazole, Efavirenz-Emtricitabine-Tenofovir DF (Atripla), Quinine, Iodoquinol, Albendazole,	Allowed for HIV Post-Exposure Prophylaxis (PEP) up to a 30 day supply per fill and \$3,500 (max 30 day supply per lifetime): <ul style="list-style-type: none"> ▪ Raltegravir (Isentress) ▪ Atazanavir (Reyataz) ▪ Darunavir (Prezista) ▪ Ritonavir (Norvir) ▪ Emtricitabine (Emtriva) ▪ Lamivudine (Epivir) 	PA required

State of Wyoming Custom Formulary

			<ul style="list-style-type: none"> ▪ Zidovudine (Retrovir) ▪ Tenofovir (Viread) ▪ Etravirine (Intelence) ▪ Rilpivirine (Edurant) ▪ Emtricitabine-Tenofovir DF Tab (Truvada) ▪ Lamivudine-Zidovudine (Combivir) ▪ Lopinavir-Ritonavir (Kaletra) ▪ Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine (Stribild) <p>PA Required: All other medications</p>	
Misc antiinfectives	The miscellaneous antibiotics are generally those that do not have multiple agents available within a class of their own.	Metronidazole, Sulfamethoxazole-Trimethoprim (Bactrim)	<p>Allowed for a 30 day supply, then PA required</p> <p>Exceptions (PA required): Oxazolidinones (e.g. linezolid, tedizolid), daptomycin (Cubicin), vancomycin, aztreonam inhalation (Cayston), dalbavancin, telavancin, oritavancin</p>	PA required
Vaccines, Toxoids, Passive immunizing agents, Misc Biologicals, Antineoplastics	These classes are biological preparations that improve immunity to diseases, but may require further evaluation for their appropriate use related to the injury.	All vaccines, Immune Globulin, Venom, Anticancer agents	PA required	PA required
Corticosteroids	Corticosteroids are mainly used in the treatment of acute inflammation, as well as a host of other possible used in this patient population (pain, spinal cord compression, inflammation from chemical exposure, etc).	Prednisone, Dexamethasone	<p>PA required</p> <p>Exceptions (only subclass allowed): Glucocorticosteroids (i.e. prednisone, dexamethasone, hydrocortisone)</p>	<p>PA required</p> <p>Exceptions (Allowed for a 90 day supply, then prior authorization required): Glucocorticosteroids (i.e. prednisone, dexamethasone, hydrocortisone)</p> <p>Exceptions (PA required): Entocort ER (budesonide ER),</p>

State of Wyoming Custom Formulary

				Uceris ER (budesonide ER), deflazacort
Anabolic steroids, Estrogens, Contraceptives, Progestins	These classes are primarily used to treat hypogonadism, hormone replacement therapy, oral contraception, amenorrhea, or abnormal uterine bleeding. These agents may require further evaluation for their appropriate use related to the injury.	Testosterone, Estrogen, Ortho-Tri-Cyclen, Progesterone	PA required	PA required
Antidiabetics, Thyroid, Oxytocics, Misc Endocrine	These classes are primarily used for Type I and II diabetes, hypo and hyperthyroidism, labor induction, osteoporosis, and hormone deficiencies (e.g. growth hormone, PTH). These agents may require further evaluation for their appropriate use related to the injury.	Insulin, oral diabetes agents, Synthroid, Oxytocin, Fosamax	PA required	PA required
Cardiotonics, Antianginal agents, Beta blockers, Calcium blockers, Antiarrhythmic, Antihypertensive, Diuretics, Pressors	These classes are primarily used to treat heart failure, angina, hypertension, myocardial infarction, atrial fibrillation or flutter, tremor, migraine, and heart failure. These agents may require further evaluation for their appropriate use related to the injury.	Digoxin, Nitroglycerin, Inderal, Cardizem, Procainamide, Zestril, Lasix, Dobutamine	PA required	PA required
Antihyperlipidemics, Misc Cardiovascular	These classes are primarily used to treat hyperlipidemia and erectile dysfunction. These agents may require further evaluation for their appropriate use related to the injury.	Lipitor, Viagra	PA required; if authorized, max 6 tablets per month	PA required; if authorized, max 6 tablets per month
Antihistamines	Antihistamines are used in the treatment of histamine induced inflammation, such as urticaria, or allergic reactions to the environment or chemical exposure. There are two general classes of antihistamines: Sedating (Benadryl, chlorpheniramine, etc) and the non-sedating (Zyrtec, Claritin, etc). Phenergan has an additional uses in the treatment of nausea and vomiting, and is not typically used as an antihistamine, per se. The use of non-sedating antihistamines may improve daytime functionality over the sedating antihistamines, allowing a quicker return to work.	Benadryl, Claritin Phenergan, Zyrtec	Allowed	PA required Exceptions (Allowed): diphenhydramine, promethazine
Decongestants, Cough/Cold, Antiasthmatics, Misc Respiratory	These classes are primarily used to treat the symptoms of cough and cold, asthma/COPD, and cystic fibrosis. These agents may require further evaluation for their appropriate use related to the injury.	Cough and cold products, Albuterol, Theophylline, Prolastin	PA required	PA required
Laxatives	Laxatives are commonly used and prescribed in patients using opioid analgesics (Percocet,	Colace, Miralax, Senokot	Allowed	Allowed

State of Wyoming Custom Formulary

	Oxycontin, etc) to maintain normal bowel function. It is appropriate to allow these agents as available due to likely association with opioid products.		Exceptions (PA required): Bowel Evacuant Combinations and laxatives with vitamin combos	Exceptions (PA required): Bowel Evacuant Combinations and laxatives with vitamin combos
Antidiarrheals, Antacids, Ulcer drugs, Antiemetics, Digestive aids, Misc GI agents	These classes are primarily used to treat diarrhea, gastric indigestion, nausea/vomiting, ulcerative colitis and digestion aids. These agents may require further evaluation for their appropriate use related to the injury.	Lomotil, Mylanta, Nexium, Pepcid, Scopolamine, Pancrealipase, Amitiza	PA required Exceptions (Allowed): H2 Antagonists, OTC Prilosec, Loperamide and bismuth subsalicyclate (Pepto-Bismol)	PA required Exceptions (Allowed): H2 Antagonists, OTC Prilosec, Loperamide and bismuth subsalicyclate (Pepto-Bismol)
Urinary Anti-Infectives, Urinary Antispasmodics, Vaginal products, Misc Genitourinary products	These classes are primarily used for suppression and prophylaxis of frequently recurring urinary tract infections, in the treatment of neurogenic bladder, vaginal candidiasis, and nephrolithiasis. These agents may require further evaluation for their appropriate use related to the injury.	Nitrofurantoin, Ditropan, Metrogel, Femring, Phenazopyridine	PA required	PA required
Anxiolytics	Anti-anxiety agents are commonly used in this patient population. Diazepam is also utilized as a muscle relaxant. Hydroxyzine (Atarax®, Vistaril®) is also utilized as an antihistamine	Ativan, Atarax, Valium, Vistaril	PA required	PA required
Antidepressants	Agents in this category are used both as antidepressants and adjuvant medications for neuropathic pain. These agents may enhance the effects of opioids or NSAIDs and have independent analgesic activity in certain situations. Depression is also a common co-morbid disease state that often presents in patients with chronic pain.	Amitriptyline, Nortriptyline, Cymbalta	PA required Exceptions (Allowed): Amitriptyline Duloxetine (except Irenka), nortriptyline, venlafaxine	PA required Exceptions (Allowed): Amitriptyline Duloxetine (except Irenka), nortriptyline, venlafaxine
Antipsychotics	Antipsychotics are commonly used and prescribed in patients with psychological disorders. These agents may require further evaluation for their appropriate use related to the injury.	Prochlorperazine, Clozaril	PA required	PA required
Hypnotics	Patients with acute and/or chronic pain may develop insomnia. Insomnia is further related with daytime drowsiness and impaired quality of life. Continuous therapy is not recommended.	Ambien, Lunesta, Sonata	PA Required; if authorized, max 30 lifetime days then additional PA Required; Max 1 per day <ul style="list-style-type: none"> ▪ Estazolam Tab (Prosom) ▪ Flurazepam Cap (Dalmane) ▪ Quazepam Tab (Doral) ▪ Temazepam Cap (Restoril) ▪ Triazolam Tab (Halcion) ▪ Zolpidem Tartrate Tab (Ambien) ▪ Zolpidem Tartrate SL Tab (Intermezzo, Edluar) 	

State of Wyoming Custom Formulary

			<p>PA Required; if authorized, max 30 lifetime days then additional PA Required; Max 2 per day</p> <ul style="list-style-type: none"> ▪ Zaleplon Cap (Sonata) <p>PA Required; if authorized, max 90 lifetime days then additional PA Required; Max 1 per day</p> <ul style="list-style-type: none"> ▪ Doxepin (Sleep) Tab (Silenor) ▪ Suvorexant Tab (Belsomra) <p>PA Required; if authorized, max 180 lifetime days then additional PA Required; Max 1 per day</p> <ul style="list-style-type: none"> ▪ Eszopiclone Tab (Lunesta) ▪ Zolpidem Tartrate CR Tab (Ambien CR) ▪ Ramelteon Tab (Rozerem) <p>PA Required</p> <ul style="list-style-type: none"> ▪ All other Sedative/Hypnotics (Examples: phenobarbital, midazolam syrup, zolpidem oral spray (Zolpimist), doxylamine (Unisom), diphenhydramine for sleep) 	
Stimulants, Misc Psychotherapeutics	These classes are primarily used in the treatment of ADHD and Alzheimer's disease. These agents may require further evaluation for their appropriate use related to the injury.	Adderall, Aricept	PA required	PA required
Non-Opioid Analgesics	The various combinations and single entity short-acting agents listed are appropriate for patient specific selection in acute pain management. Acetaminophen (Tylenol®) alone and in combination represents the largest selection of products used in this class.	Tylenol	<p>Allowed</p> <p>Exceptions (PA required): Menstrual analgesics (i.e. Midol), aspirin/caffeine combos, apap/caffeine combos, butalbital combos (i.e. Fiorinal, Fioricet, Bupap), clonidine epidural infusion and Ziconotide, analgesic and vitamin combinations (i.e. aspirin & calcium), and analgesic and sedative combinations (aspirin & diphenhydramine).</p>	<p>Allowed</p> <p>Exceptions (PA required): Menstrual analgesics (i.e. Midol), aspirin/caffeine combos, apap/caffeine combos, butalbital combos (i.e. Fiorinal, Fioricet, Bupap), clonidine epidural infusion and Ziconotide, analgesic and vitamin combinations (i.e. aspirin & calcium), and analgesic and sedative combinations (aspirin & diphenhydramine).</p>
Short-Acting Opioid Analgesics	The various combinations and single entity agents listed are appropriate for patient specific selection in acute pain management.	Lortab, Percocet, Vicodin	PA required	PA required
Long-Acting Opioid Analgesics	Long-acting opioids are started only after determination of need for chronic therapy and patient has been on short-acting agents for extended duration.	Oxycontin, MS Contin, Duragesic, Ultram ER, Exalgo, Methadone	PA required	PA required

State of Wyoming Custom Formulary

Analgesics - Anti-Inflammatory	<p>The agents listed in the NSAID class are appropriate for patient specific selection in acute pain and inflammation management. There is great interpatient variability of response to these agents. Patients requiring treatment with NSAID-containing products may be an increased risk for gastrointestinal ulcers and require prophylactic treatment with a proton pump inhibitor</p>	<p>Celebrex, Ibuprofen, naproxen, Mobic</p>	<p>PA required (quantity limit restrictions may also apply)</p> <p>Nonsteroidal Anti-inflammatory Agents (NSAIDs) allowed as follows: diclofenac potassium tab (Cataflam), diclofenac sodium tab (Voltaren), etodolac cap/tab, etodolac tab SR 24HR, fenoprofen calcium cap/tab, flurbiprofen tab , ibuprofen cap/tab/chew tab, ketoprofen cap, ketoprofen cap SR 24hr, meclofenamate cap, mefenamic acid cap with 7 day supply limit, meloxicam tab, meloxicam susp, nabumetone tab, naproxen tab, naproxen tab EC, naproxen susp, naproxen sodium cap/tab, oxaprozin tab, sulindac tab, tolmetin sodium cap/tab, celecoxib cap, diflunisal tab</p>	<p>PA required (quantity limit restrictions may also apply)</p> <p>Nonsteroidal Anti-inflammatory Agents (NSAIDs) allowed as follows: diclofenac potassium tab (Cataflam), diclofenac sodium tab (Voltaren), etodolac cap/tab, etodolac tab SR 24HR, fenoprofen calcium cap/tab, flurbiprofen tab , ibuprofen cap/tab/chew tab, ketoprofen cap, ketoprofen cap SR 24hr, meclofenamate cap, mefenamic acid cap with 7 day supply limit, meloxicam tab, meloxicam susp, nabumetone tab, naproxen tab, naproxen tab EC, naproxen susp, naproxen sodium cap/tab, oxaprozin tab, sulindac tab, tolmetin sodium cap/tab, celecoxib cap, diflunisal tab</p>
Migraine products, Gout products, Local Anesthetics, General Anesthetics	<p>These classes are primarily used in the treatment of migraine, gout, and for anesthesia. These agents may require further evaluation for their appropriate use related to the injury.</p>	<p>Imitrex, Colchicine, Lidocaine (inj.), Ketamine (inj.)</p>	<p>PA required</p>	<p>PA required</p>
Anticonvulsants	<p>Anticonvulsants are commonly used off-label in the injured workers population for treatment of neuropathic pain.</p>	<p>Gabapentin (Neurontin), Pregabalin (Lyrica)</p>	<p>PA required Exceptions (allowed): gabapentin</p>	<p>PA required Exceptions (allowed): gabapentin</p>
Antiparkinsonian agents, Neuromuscular blockers	<p>These classes are primarily used in the treatment of Parkinson's disease and cervical dystonia. These agents may require further evaluation for their appropriate use related to the injury.</p>	<p>Sinemet, Botox</p>	<p>PA required</p>	<p>PA required</p>
Musculoskeletal therapy agents	<p>The agents listed are appropriate for use as skeletal muscle relaxants. Patient response can vary</p>	<p>Baclofen, Flexeril, Skelaxin</p>	<p>Skeletal muscle relaxants allowed as follows:</p>	<p>Skeletal muscle relaxants allowed as follows:</p>

State of Wyoming Custom Formulary

	considerably between the agents as well as tolerance to side effects.		<ul style="list-style-type: none"> • baclofen tabs • tizanidine cap/tab • chlorzoxazone 500mg tab (cumulative 90 day supply) • cyclobenzaprine IR tab (cumulative 21 day supply) • metaxalone tab (cumulative 90 day supply) • methocarbamol tab (cumulative 90 day supply) <p>All others require Prior Authorization</p>	<ul style="list-style-type: none"> • baclofen tabs • tizanidine cap/tab • chlorzoxazone 500mg tab (cumulative 90 day supply) • cyclobenzaprine IR tab (cumulative 21 day supply) • metaxalone tab (cumulative 90 day supply) • methocarbamol tab (cumulative 90 day supply) <p>All others require Prior Authorization</p>
Antimyasthenic/ cholinergic agents	These agents are used for the treatment of myasthenia gravis. These agents may require further evaluation for their appropriate use related to the injury.	Neostigmine, Pyridostigmine	PA required	PA required
Vitamins, Multivitamins, Minerals & Electrolytes, Nutrients, Dietary products	These agents are used for the supplementation of additional dietary needs. These agents may require further evaluation for their appropriate use related to the injury.	Vitamins, Multivitamins, Amino acids, Herbals, Hydration therapy	PA required	PA required
Hematopoetic agents, Anticoagulants, Hemostatics, Misc Hematological	These agents are used in the treatment of blood disorders. These agents may require further evaluation for their appropriate use related to the injury.	Iron supplementation, Heparin, Thrombin, Plavix, Coagulation factors, Alteplase	PA required	PA required
Ophthalmic products	The covered eye medications represent those used as ophthalmic antibiotics or corticosteroids. Agents for glaucoma and other non-injury associated products are Prior Authorization Required.	Tobradex, Floxin	<p>Allowed</p> <p>Exceptions (PA required): Ophthalmic beta blockers, antimuscarinics, antiglaucoma agents, lens solution, ophthalmic prostaglandins, ophthalmic - angiogenesis inhibitors, ophthalmic photodynamic therapy agents, ophthalmic immunomodulators, ophthalmic surgical aids, ophthalmic carbonic anhydrase inhibitors, ophthalmics - cystinosis agents, misc. ophthalmic combinations</p>	PA required

State of Wyoming Custom Formulary

Otic products	The covered otic medications represent those used as antibiotics or corticosteroids.	Cortisporin otic	Allowed	PA required
Mouth/throat/ dental agents	These agents are used for injuries in the mouth.	Peridex, Nystatin	PA required Exceptions (Allowed): Antiseptics - Mouth/Throat and Anti-infectives – Throat	PA required
Hemorrhoidal agents	These agents are used in the treatment of injuries needing rectal corticosteroids/anesthetic. These agents may require further evaluation for their appropriate use related to the injury.	Pramoxine, Hydrocortisone	PA required	PA required
Dermatologics	Although there are multiple products within the dermatologics (steroids, antibiotics, combination products, etc), there are specific medications blocked due to their use in cosmetic treatment, not due to occupational injury.	diclofenac 1% gel (Voltaren) lidocaine patch (Lidoderm)	PA required Exceptions (Allowed): diclofenac gel 1%	PA required Exceptions (Allowed): diclofenac gel 1%
Disinfectants	This class represents topical skin and wound cleaning products	Dakin's solution	Allowed	PA required
Antidotes, Diagnostic products, Herbal products, Bulk chemicals, Medical devices, Pharmaceutical adjuvants	These agents/products are used in the treatment of overdose for various drugs and to diagnose or monitor conditions. In addition, they are used in the supplementation of additional dietary needs and to compound medications. These products may require further evaluation for their appropriate use related to the injury.	Naltrexone, Glucose monitors and blood strips, Herbal products, Isopropyl alcohol & powders, Insulin syringes, Petrolatum gel	PA required Exceptions (Allowed): Bandages, gauze pads, elastic bandage/ supports, Narcan nasal spray ^{FL}	PA required Exceptions (Allowed): Heat wraps, Narcan nasal spray ^{FL}
Assorted classes	This class represents immunosuppressives used in the prophylaxis and treatment of transplant rejection.	Prograf, Rapamune	PA required	PA required

¹ Compounding kits generally require prior authorization.

² Helios standard exceptions list is layered over this Global formulary and includes other exceptions not shown on this document.

FL: Maximum Fill Limitation



State of Wyoming Custom Formulary



About Optum for Workers' Compensation

Healthcare Solutions, Helios and their subsidiaries, as Optum companies, collaborate with our clients to deliver value beyond transactional savings while helping ensure injured workers receive safe and effective clinical care. Our innovative and comprehensive medical cost management programs include pharmacy benefit management, ancillary benefit management, managed care services, and settlement solutions.

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