PROVIDER BULLETIN

TOPIC: IV Lidocaine

Published by Wyoming Workers’ Compensation Medical Case Management Unit  
Effective on January 1, 2018

Based on review of the current literature, all requests for IV Lidocaine for treatment of chronic pain and/or CRPS will require individual/special consideration as follows:

- Claimant must have experienced pain for more than 3 months, despite conservative therapy (e.g., exercises, physical modalities and medications); and

- Claimant must have failed a trial of physical therapy; and

- Claimant must have failed a trial of nerve blocks with local anesthetics and steroids.

- Diagnosis of CRPS must include documentation of the Budapest Criteria (attached).

- All medical notes must be reviewed by a nurse case manager before bills are paid.

- The provider must include credentials defining their qualifications to treat chronic pain and/or CRPS.

- Requests for this treatment may be approved up to a total of 4 infusions.

- Provider must document after each infusion a minimum of 50% pain relief as reflected in the VAS pain scale (1 – 10) and there must be an accompanied documented decrease in the opioids prescribed.

- If pain relief is not documented as described above, future bills for IV Lidocaine may be denied.