A review of the current research was completed. **All artificial disc devices must be approved by the FDA.**

- Prestige-C
- Prodisc-C
- Mobic-C
- Secure-C
- Bryon-C
- PCM-C
- Synthes Prodisc–L
- ActivL

The Charite artificial disc was discontinued in 2010. The INMOTION-L is a modification of the Charite under the same premarket approval. It is currently not marketed in the US.

All surgeons must meet the training requirements and submit a copy of the training certificate.

All procedures require peer review by a spine surgeon.

Procedures are indicated for only 1 level, with the exception of the Mobic-C which has recently received FDA approval for 2 adjacent levels.

Procedures are not indicated at a previous fusion level or adjacent to a previous fusion.

The Oswestry Low Back Disability Questionnaire must be completed by the injured worker with a lumbar injury at the time of the preauthorization request and at MMI>