PROVIDER BULLETIN

TOPIC: Compounded Topical Agents / Creams

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Medline searches were conducted February 2012 and updated July 2013. If the product is available in a topical formulation commercially, it was assumed to work in a topical form and literature was not searched for this purpose. Acyclovir is an antiviral that may be used in treatment of post-herpetic neuralgia and was not included in this review.

Summary: Based on the research, only diclofenac (Voltarin) and Lidocaine meet the Division’s requirements for proven safety and efficacy compared to placebo. All other compounds will be denied based on the Division’s off-label policy.

Prescriptions for compound creams must list all the medications included and must be filled by a compounding pharmacy.