

Workers' Compensation Checklist for Carpal Tunnel/Nerve Impingement

Claimant:

Claim Number:

Screening by:

Date:

Male Female

Age:

1. Occupations Associated with Carpal Tunnel/Nerve Impingement:

Should be on the job for more than 4 weeks with no previous history of carpal tunnel

Carpentry

Meat packers and workers

Oil field workers

Dental workers

Grocery clerks

Musicians

Use of vibrating equipment

Mechanic

Activities with forceful and excessive flexion and extension of wrists

Activities that require power gripping and forceful holding and use of the hands especially in awkward positions such as welding or electronics

2. Presence of Associated Conditions:

Obesity

Diabetes

Estrogen OCP*

Pregnancy/Lactation

Previous wrist fractures or injury

Wrist tumors, ganglion

Hypothyroid

Renal failure

Dialysis

Neck symptoms

Previous upper extremity injury or overuse syndrome

Breast Reduction

Previous WC claim in litigation

* Oral contraceptives, birth control pills, all female hormones

3. Electrical Studies Consistent with Median Nerve Compression

Normal

Abnormal

Tinel's positive or negative

Phalen's positive or negative

The presence of a positive history in item Section 1 and/or 3 is adequate for the diagnosis of carpal tunnel associated with good physician documentation. Yes No

The presence of anything in Section 2 may be a reason to consult with nurse case management.

4. Review of Hobbies/Crafts/Other Activities:

